

| Pl. | St Nr | Name                                                    | Verein                                              | AK       | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|---------------------------------------------------------|-----------------------------------------------------|----------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 18    | Christian Grummann, Benjamin Hofius, Philipp Grummann   | Mach 3                                              | Staffeln | 1   | 0:08:00 (1)  | 2:08 | 0:37:12 (1)  | 0:50 | 0:19:10 (2)  | 1:07:21 |
| 2   | 1     | Amel Belfqih, Leonie Buschmann, Fenja Behle             | Trianhas VfL Bad Arolsen Nachwuchs                  | Staffeln | 2   | 0:09:25 (2)  | 2:06 | 0:44:51 (8)  | 0:42 | 0:21:32 (3)  | 1:18:35 |
| 3   | 5     | Ludwig Alexandra, Aaron Ludwig, Ulrike Schaaake         | Trident Turbo Turtels                               | Staffeln | 3   | 0:15:36 (17) | 3:40 | 0:41:18 (3)  | 0:47 | 0:18:47 (1)  | 1:20:08 |
| 4   | 20    | Josias Winzer, Samuel Eisenberg, Nishal Eisenberg       | Brothers-in-law                                     | Staffeln | 4   | 0:11:59 (8)  | 2:11 | 0:43:50 (6)  | 1:17 | 0:21:54 (4)  | 1:21:10 |
| 5   | 16    | Lisa Theresa Weinbrenner, Fynn Otto, Anton van Cleemput | Außerirdische Lebensform                            | Staffeln | 5   | 0:13:17 (12) | 2:45 | 0:38:51 (2)  | 0:46 | 0:25:54 (9)  | 1:21:34 |
| 6   | 13    | Janek Vallbracht, Martin Tent, Janek Vallbracht         | Karpfen diem                                        | Staffeln | 6   | 0:11:03 (7)  | 2:27 | 0:46:38 (9)  | 0:52 | 0:24:55 (7)  | 1:25:54 |
| 7   | 15    | Elisa Monchietti, Otfried Gühne, Maik Romancewicz       | Equations Of Motion                                 | Staffeln | 7   | 0:13:16 (11) | 3:05 | 0:46:59 (11) | 0:46 | 0:22:09 (5)  | 1:26:14 |
| 8   | 17    | Sander Stambach, Raphaël Mothe, Sander Stambach         | Sara                                                | Staffeln | 8   | 0:12:12 (9)  | 2:20 | 0:46:42 (10) | 0:43 | 0:25:27 (8)  | 1:27:24 |
| 9   | 3     | Mareike Kloppmann, Anne Bausen, Hanna Rode              | SG LW                                               | Staffeln | 9   | 0:09:39 (4)  | 2:25 | 0:47:14 (13) | 1:05 | 0:27:19 (10) | 1:27:42 |
| 10  | 12    | Lars Friedreich, Marco Knippschild, Karin Friedreich    | TSV Niederelsungen                                  | Staffeln | 10  | 0:09:38 (3)  | 3:11 | 0:47:02 (12) | 0:54 | 0:27:31 (11) | 1:28:16 |
| 11  | 8     | Heidi Goossens, Johan Van Dessel, Ines Van Dessel       | Triathlonfreunde                                    | Staffeln | 11  | 0:09:56 (5)  | 2:42 | 0:42:57 (5)  | 1:17 | 0:31:57 (16) | 1:28:49 |
| 12  | 19    | Jan Rabokon, Tim Lehmler, Lukas Cichon                  | Vollgas Staffel                                     | Staffeln | 12  | 0:14:04 (16) | 2:59 | 0:44:05 (7)  | 0:56 | 0:30:12 (14) | 1:32:16 |
| 13  | 14    | Sophia Denker, Albert Rico, Giuseppe Viola              | Solbeppe                                            | Staffeln | 13  | 0:13:51 (14) | 3:39 | 0:42:27 (4)  | 0:58 | 0:32:57 (17) | 1:33:51 |
| 14  | 11    | Katrin Brand, Mareike Tepel, Malte Evers                | TSV Elleringhausen - Wenig Training, viel Hoffnung! | Staffeln | 14  | 0:14:00 (15) | 2:38 | 0:54:16 (16) | 0:49 | 0:23:20 (6)  | 1:35:02 |
| 15  | 4     | Nora Bannenbergh, Kristin Stoiber, Camilla Hüllen       | Running Gags                                        | Staffeln | 15  | 0:10:44 (6)  | 3:02 | 0:54:26 (17) | 1:08 | 0:27:38 (12) | 1:36:58 |

# Volkstriathlon (STAFFEL)

13. SEPTEMBER 2026

(Gesamtwertung)

| Pl. | St Nr | Name                                           | Verein                  | AK       | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|------------------------------------------------|-------------------------|----------|-----|--------------|------|--------------|------|--------------|---------|
| 16  | 10    | Antonia Kruse, Tobias Marius Vogt, Marven Wolf | Maximalpulspiraten      | Staffeln | 16  | 0:13:33 (13) | 2:45 | 0:51:16 (14) | 0:57 | 0:28:53 (13) | 1:37:23 |
| 17  | 2     | Ulrich Dehmer, Emelie Dehmer, Ines Dehmer      | Puls 180                | Staffeln | 17  | 0:13:06 (10) | 3:05 | 0:51:39 (15) | 1:05 | 0:31:40 (15) | 1:40:34 |
| 18  | 6     | Sascha Manuel Graw, Melanie Graw, Ivonne Braß  | Graw's schnellste Taube | Staffeln | 18  | 0:17:18 (18) | 2:56 | 0:56:30 (18) | 0:56 | 0:41:03 (18) | 1:58:42 |